

How to prepare for your MRI exam

Please arrive at least 15 minutes prior to your exam time.

There is little preparation for an MRI exam. Take your daily medications as you normally would, unless instructed otherwise. Please leave your valuables at home, including jewelry, to prevent it from being lost, for they have to be removed prior to entering the scan room. Please notify us if you had a tattoo in the past 4 weeks. In addition, you may be asked to remove the following:

- Hairpins
- Eyeglasses
- Watches
- Wigs
- Dentures
- Hearing aids
- Bras

No electronics will be allowed in the scan room

Please try to wear clothes that do not have any metal fasteners, zippers, hooks, buttons or metallic design. You may be asked to change into a gown. A locker will be supplied to secure your belongings.

Please do not wear any garments with LYCRA or metallic fibers (antibacterial). Some companies weave metallic fibers into their garments which can heat up during the exam and cause burns.

Clothing materials that are NOT recommended: • Any compression wear • Tight fitting spandex clothing • Clothing with metal embellishments

Some prohibited clothing brands: • Athleta • Columbia Omniheat • Duluth Trading Co. •

Juzo USA • Lululemon • Tommy Copper

A technologist will verify your identification and the requested exam. Your screening form will be reviewed by the technologist

What can I expect during my MRI scan?

The duration of the procedure will vary but the average is 30 minutes.

You will be required to lie still during the actual MR scanning.

The magnet is permanently open on both ends. It is well lit and there is a fan for patient comfort. There is also a two way intercom system for communication between patient and technologist. The part of the body being scanned will be placed in the middle of the magnet.

During the actual imaging, you will hear a loud intermittent banging noise. You will be provided with earplugs or head phones to minimize the noise during the procedure.